

DOG BEHAVIOUR TRAINING

狗 隻 行 為 訓 練

Dogs bark for a variety of reasons and there are exercises that can help with each:

引致狗隻吠叫的原因有數個，你可使用以下不同的方法來解決這問題：



REQUEST BARKING 需索性的吠叫

When they want something, very often, dogs will bark. If you don't like barking, stop rewarding it with attention, door opening, etc. Rather than the dog telling you when to take him out, YOU take him out at regular intervals, making sure he hasn't barked at you to make it happen. Keep in mind that if you have been rewarding barking for a while, it will get worse before it stops. Above all, start noticing the dog when he's quiet and reward these good behaviours.

當狗隻要求得到某些東西時，通常會以吠叫來表達牠們的索求。跟叩門一樣，如果你亦不喜歡牠們吠叫，當牠們吠叫時可先將牠們冷落一旁。請設定一個帶牠外出散步的時間表，而不要因為牠向你吠叫，要求你帶牠上街，就帶牠外出。請你明白，你的狗隻會牢牢的記著，每當牠們吠叫時，你就會帶牠外出，所以牠們會因此而不時吠叫，直至牠們達到自己的要求為止。除此之外，當牠們安靜下來的時是時候，你亦可獎賞牠們，讓牠們知道這才是正確的行為。



SPOOKY BARKING 驚恐的吠叫

In this case, it is important to get at the underlying undersocialisation. You cannot overdo socialization. Expose puppies to plenty of places, experiences, sights and sounds and make it all fun with praise, games and treats. Whatever it is that your adult or adolescent dog is spooky about must now become associated with lunch. This is how undersocialised dogs work for their food. It takes a while to resocialise adults, so be patient.

遇上這情況，便要處理狗兒缺乏社交的問題，讓狗兒多見識世面，接觸不同事物、聲音，並以讚賞、遊戲和小吃使狗兒更加享受社交的樂趣。不論狗隻因何驚恐，應將該事情連繫到食物上，發揮食物對狗隻的作用。倘若訓練的是成年狗隻，便需要更多時間及耐性。



BOREDOM BARKING 過度納悶的吠叫



If you don't have time for a dog, don't get a dog. Dogs are time consuming. If you have an outside dog, train him to be an inside dog. There is no basic quick fix here: you must meet your dog's basic needs for stimulation, exercise and companionship.

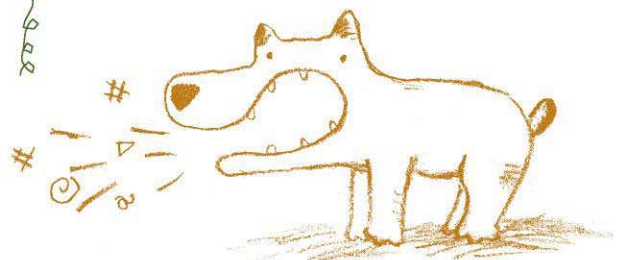
倘若你沒有時間，就請別考慮飼養狗兒，因為照顧狗隻是極需時間和耐性的。假若你的狗兒習慣外出，你便要訓練牠適應在室內逗留。這個問題引致的吠叫是沒有快捷歸一的解決方法的：你需要滿足狗兒玩耍、運動、陪伴的基本需要。

WATCH DOG BARKING 防衛式吠叫

This serves the dual purposes of alerting pack members and warning the intruder that they have been noticed. The goal is to teach the dog the meaning of the words "bark" and "quiet". The most common mistake is to use the quiet command before it's well-enough conditioned in training sessions. Think of quiet on command as a muscle you're making stronger.

這種吠叫之原因有二：

- 1)提醒同伴有入侵者，
- 2)向入侵者發出警告。要解決這類吠叫問題，就需要讓牠學懂「吠叫」與「安靜」兩詞的意義。狗主最常犯的錯誤是——在狗隻對「Quiet (安靜)」這指令未接受足夠訓練時，強行使用該指令。對於教導「Quiet (安靜)」這指令，你可當作是鍛鍊一塊肌肉般，要假以時日，才能做到。



The Society for the Prevention of Cruelty to Animals (SPCA) is a non-profit organisation dedicated to make Hong Kong a kinder environment for animals. Because we are not a Government Department and animal charities do not qualify for membership in the Community Chest, we must rely on YOU. Please consider all of the animals in need of food, shelter, and medical care and help us make a difference in their lives.

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